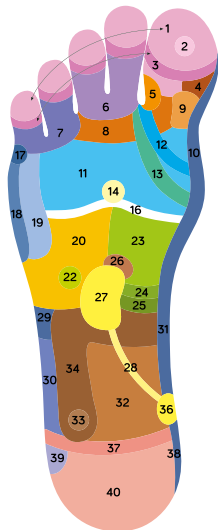
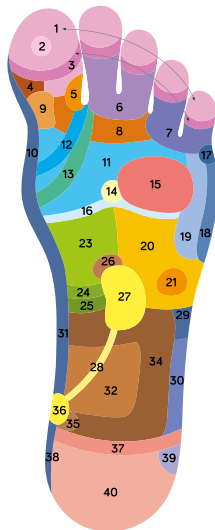


# Vitaflex Points (for topical applications)

spoiled life



right foot



left foot

- |    |                  |    |                       |
|----|------------------|----|-----------------------|
| 1  | Head/Brain       | 21 | Spleen                |
| 2  | Pituitary        | 22 | Gall Bladder          |
| 3  | Teeth/Sinuses    | 23 | Stomach               |
| 4  | Nose             | 24 | Pancreas              |
| 5  | Throat           | 25 | Duodenum              |
| 6  | Eye              | 26 | Adrenals              |
| 7  | Ear              | 27 | Kidneys               |
| 8  | Trapezius        | 28 | Ureter                |
| 9  | Neck             | 29 | Elbow                 |
| 10 | Cervical Spine   | 30 | Hip Joint             |
| 11 | Lung/Chest       | 31 | Lumbar Vertebrae      |
| 12 | Thyroid/Bronchia | 32 | Small Intestine       |
| 13 | Esophagus        | 33 | Appendix              |
| 14 | Solar Plexus     | 34 | Colon                 |
| 15 | Heart            | 35 | Rectum                |
| 16 | Diaphragm        | 36 | Bladder               |
| 17 | Armpit           | 37 | Sciatic Nerve         |
| 18 | Arm              | 38 | Knee                  |
| 19 | Shoulder         | 39 | Sacrum                |
| 20 | Liver            | 40 | Low Back/Gluteal Area |